

5.73 Lecture #23

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Angular Momentum Matrix Elements Derived from Commutation Rules

LAST TIME: * derived all $[L_i, L_j] = 0$ Commutation Rules needed to block diagonalize \mathbf{H} :

$$\mathbf{H} = \frac{\mathbf{p}_r^2}{2\mu} + \left[\frac{\mathbf{L}^2}{2\mu r^2} + V(\mathbf{r}) \right] \text{ in } |nLM_L\rangle \text{ basis sets}$$

* ϵ_{ijk} Levi-Civita antisymmetric tensor — useful properties, especially for derivations involving components of angular momenta

* Commutation Rule DEFINITIONS of Angular Momentum and

“Vector” Operators $[L_i, L_j] = i\hbar \sum_k \epsilon_{ijk} L_k$

$$[L_i, V_j] = i\hbar \sum_k \epsilon_{ijk} V_k$$

Classification of operators: *universality* of angular factors of matrix elements for 3D central force problems.

TODAY: Obtain all angular momentum matrix elements from the commutation rule definition of an angular momentum, without ever looking at a differential operator or a wavefunction. *Possibilities for phase inconsistencies.* [Similar generalization to derivation for angular parts of matrix elements of all “spherical tensor” operators, $\mathbf{T}_q^{(k)}$.]

1. Define Components of an Angular Momentum using a Commutation Rule.
2. Define the eigenbasis for \mathbf{J}^2 and \mathbf{J}_z . $|\lambda\mu\rangle$ (we know the eigenbasis must exist, but we start out not knowing anything about it).
3. Show $\lambda \geq \mu$.
4. Raising and lowering operators (like \mathbf{a}^\dagger , \mathbf{a} and $\mathbf{x} \pm i\mathbf{p}$ for the harmonic oscillator). $\mathbf{J}_\pm |\lambda\mu\rangle$ gives eigenfunction of \mathbf{J}_z that belongs to the $\mu \pm \hbar$ eigenvalue and the eigenfunction of \mathbf{J}^2 that belongs to the λ eigenvalue.
5. Must be at least one μ_{MIN} pair of eigenstates of \mathbf{J}_z such that

$$\mathbf{J}_- (\mathbf{J}_+ |\lambda\mu_{\text{MAX}}\rangle) = 0$$

$$\mathbf{J}_+ (\mathbf{J}_- |\lambda\mu_{\text{MIN}}\rangle) = 0$$
 This leads to: $\hbar \left(\frac{n}{2}\right)$, $\lambda = \hbar^2 \frac{n}{2} \left(\frac{n}{2} + 1\right)$, and n is a positive integer.
6. Obtain all matrix elements of \mathbf{J}_x , \mathbf{J}_y , \mathbf{J}_\pm , but there remains. phase ambiguity for the non-zero matrix elements.
7. Standard phase choice: “Condon and Shortley”.

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1. Commutation Rule $[\mathbf{J}_i, \mathbf{J}_j] = i\hbar \sum_k \epsilon_{ijk} \mathbf{J}_k$

This is a general definition of angular momentum (call it \mathbf{J} , \mathbf{L} , \mathbf{S} , anything!). Each angular momentum generates a state space.

2. eigenfunctions of \mathbf{J}^2 and \mathbf{J}_z exist (Hermitian operators. Hermiticity is guaranteed by symmetrization.)

$$\mathbf{J}^2 |\lambda\mu\rangle = \lambda |\lambda\mu\rangle$$

$$\mathbf{J}_z |\lambda\mu\rangle = \mu |\lambda\mu\rangle$$

but what are the values of λ, μ ?

\mathbf{J}^2 and \mathbf{J}_z are Hermitian, therefore λ, μ are real

3. find upper and lower bounds for μ in terms of λ : $\lambda \geq \mu^2$

$$\langle \lambda\mu | (\mathbf{J}^2 - \mathbf{J}_z^2) | \lambda\mu \rangle = \lambda - \mu^2$$

Want to show that $\lambda - \mu^2 \geq 0$.

but $\mathbf{J}^2 = \mathbf{J}_x^2 + \mathbf{J}_y^2 + \mathbf{J}_z^2$

$$\mathbf{J}^2 - \mathbf{J}_z^2 = \mathbf{J}_x^2 + \mathbf{J}_y^2$$

$$\lambda - \mu^2 = \langle \lambda\mu | \mathbf{J}_x^2 + \mathbf{J}_y^2 | \lambda\mu \rangle$$

completeness

$$\lambda - \mu^2 = \sum_{\lambda', \mu'} \left[\langle \lambda\mu | \mathbf{J}_x | \lambda'\mu' \rangle \langle \lambda'\mu' | \mathbf{J}_x | \lambda\mu \rangle + \langle \lambda\mu | \mathbf{J}_y | \lambda'\mu' \rangle \langle \lambda'\mu' | \mathbf{J}_y | \lambda\mu \rangle \right]$$

We know that \mathbf{J}^2 and \mathbf{J}_z are Hermitian because they were constructed by symmetrization of classical mechanical operators.

Hermitian ($\mathbf{A} = \mathbf{A}^\dagger$ or $A_{ij} = A_{ji}^*$): $\langle \lambda'\mu' | \mathbf{J}_x | \lambda\mu \rangle = \langle \lambda\mu | \mathbf{J}_x | \lambda'\mu' \rangle^*$

$$\lambda - \mu^2 = \sum_{\lambda', \mu'} \left[\left| \langle \lambda\mu | \mathbf{J}_x | \lambda'\mu' \rangle \right|^2 + \left| \langle \lambda\mu | \mathbf{J}_y | \lambda'\mu' \rangle \right|^2 \right] \geq 0$$

Thus $\lambda - \mu^2 \geq 0$ and $\lambda \geq \mu^2 \geq 0$

and from these we get $\mu_{\text{MAX}} \leq \lambda^{1/2}, \mu_{\text{MIN}} \geq -\lambda^{1/2}$

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4. Raising/Lowering Operators

$$\mathbf{J}_{\pm} \equiv \mathbf{J}_x \pm i\mathbf{J}_y \quad (\text{not Hermitian: } \mathbf{J}_+^{\dagger} = \mathbf{J}_-) \quad (\text{just like } \mathbf{a}, \mathbf{a}^{\dagger})$$

$$\begin{aligned} [\mathbf{J}_z, \mathbf{J}_{\pm}] &= [\mathbf{J}_z, \mathbf{J}_x] \pm i[\mathbf{J}_z, \mathbf{J}_y] \\ &= i\hbar\mathbf{J}_y \pm i(-i\hbar\mathbf{J}_x) = \pm\hbar[\mathbf{J}_x \pm i\mathbf{J}_y] \\ &= \pm\hbar\mathbf{J}_{\pm} \end{aligned}$$

$$\mathbf{J}_z \mathbf{J}_{\pm} = \mathbf{J}_{\pm} \mathbf{J}_z \pm \hbar\mathbf{J}_{\pm} \quad \text{right multiply by } |\lambda\mu\rangle$$

$$\begin{aligned} \mathbf{J}_z (\mathbf{J}_{\pm} |\lambda\mu\rangle) &= \mathbf{J}_{\pm} (\mathbf{J}_z |\lambda\mu\rangle) \pm \hbar\mathbf{J}_{\pm} |\lambda\mu\rangle \\ &= \mathbf{J}_{\pm} \mu |\lambda\mu\rangle \pm \hbar\mathbf{J}_{\pm} |\lambda\mu\rangle \\ &= (\mu \pm \hbar) (\mathbf{J}_{\pm} |\lambda\mu\rangle), \text{ which means that} \end{aligned}$$

$(\mathbf{J}_{\pm} |\lambda\mu\rangle)$ is an eigenfunction of \mathbf{J}_z belonging to eigenvalue $\mu \pm \hbar$.
Thus \mathbf{J}_{\pm} “raises” or “lowers” the \mathbf{J}_z eigenvalue in steps of \hbar .

Similar exercise for $[\mathbf{J}^2, \mathbf{J}_{\pm}]$ to get effect of \mathbf{J}_{\pm} on eigenvalue of \mathbf{J}^2

$$[\mathbf{J}^2, \mathbf{J}_{\pm}] = [\mathbf{J}^2, \mathbf{J}_x] \pm i[\mathbf{J}^2, \mathbf{J}_y] = 0 \quad (\text{We already knew that } [\mathbf{J}^2, \mathbf{J}_i] = 0)$$

$$\mathbf{J}^2 (\mathbf{J}_{\pm} |\lambda\mu\rangle) = \mathbf{J}_{\pm} (\mathbf{J}^2 |\lambda\mu\rangle) = \lambda (\mathbf{J}_{\pm} |\lambda\mu\rangle), \text{ which means that}$$

$(\mathbf{J}_{\pm} |\lambda\mu\rangle)$ belongs to the same eigenvalue of \mathbf{J}^2 as $|\lambda\mu\rangle$

\mathbf{J}_{\pm} has no effect on λ .

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- * upper and lower bounds on μ are $\pm \lambda^{1/2}$
- * \mathbf{J}_{\pm} raises/lowers μ by steps of \hbar
- * Since $\mathbf{J}_x = \frac{1}{2}(\mathbf{J}_+ + \mathbf{J}_-)$ and $\mathbf{J}_y = \frac{1}{2i}(\mathbf{J}_+ - \mathbf{J}_-)$,

The only nonzero matrix elements of \mathbf{J}_i in the $|\lambda\mu\rangle$ basis set are those where $\Delta\mu = 0, \pm\hbar$ and $\Delta\lambda = 0$. As for derivation of Harmonic Oscillator matrix elements, we are not assured that *all* values of μ differ in steps of \hbar . Divide basis states into sets, where the members of each set are related by integer steps of \hbar in μ .

5. For each set, there are μ_{MIN} and $\mu_{\text{MAX}}: \lambda \geq \mu^2$

$$\text{Thus, for each set} \quad \begin{aligned} \mathbf{J}_+|\lambda\mu_{\text{MAX}}\rangle &= 0 \\ \mathbf{J}_-|\lambda\mu_{\text{MIN}}\rangle &= 0 \end{aligned}$$

$$\begin{aligned} \text{but} \quad \mathbf{J}_-\mathbf{J}_+ &= (\mathbf{J}_x - i\mathbf{J}_y)(\mathbf{J}_x + i\mathbf{J}_y) = \mathbf{J}_x^2 + \mathbf{J}_y^2 + i\mathbf{J}_x\mathbf{J}_y - i\mathbf{J}_y\mathbf{J}_x \\ &= \mathbf{J}_x^2 + \mathbf{J}_y^2 + i[\mathbf{J}_x, \mathbf{J}_y] \\ &= \mathbf{J}_x^2 + \mathbf{J}_y^2 + i(i\hbar\mathbf{J}_z) \\ &= \mathbf{J}_x^2 + \mathbf{J}_y^2 - \hbar\mathbf{J}_z \end{aligned}$$

but $\mathbf{J}_x^2 + \mathbf{J}_y^2 = \mathbf{J}^2 - \mathbf{J}_z^2$, thus

$$\begin{aligned} \mathbf{J}_-\mathbf{J}_+ &= \mathbf{J}^2 - \mathbf{J}_z^2 - \hbar\mathbf{J}_z \\ 0 = \mathbf{J}_-\mathbf{J}_+|\lambda\mu_{\text{MAX}}\rangle &= (\mathbf{J}^2 - \mathbf{J}_z^2 - \hbar\mathbf{J}_z)|\lambda\mu_{\text{MAX}}\rangle \\ &= (\lambda - \mu_{\text{MAX}}^2 - \hbar\mu_{\text{MAX}})|\lambda\mu_{\text{MAX}}\rangle \end{aligned}$$

$$\lambda = \mu_{\text{MAX}}^2 + \hbar\mu_{\text{MAX}}$$

Similarly for μ_{MIN}

$$\mathbf{J}_+\mathbf{J}_-|\lambda\mu_{\text{MIN}}\rangle = 0$$

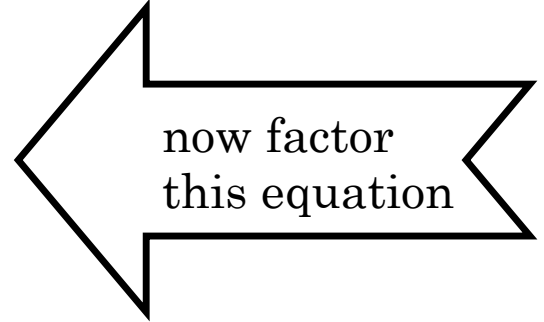
$$\mathbf{J}_+ \mathbf{J}_- = \mathbf{J}^2 - \mathbf{J}_z^2 + \hbar \mathbf{J}_z$$

$$\lambda = \mu_{\text{MIN}}^2 - \hbar \mu_{\text{MIN}}$$

subtract 2 equations for λ

$$0 = \mu_{\text{MAX}}^2 - \mu_{\text{MIN}}^2 + \hbar(\mu_{\text{MAX}} + \mu_{\text{MIN}})$$

$$0 = (\mu_{\text{MAX}} + \mu_{\text{MIN}})(\mu_{\text{MAX}} - \mu_{\text{MIN}} + \hbar)$$



Thus $\mu_{\text{MAX}} = -\mu_{\text{MIN}}$ OR $\mu_{\text{MAX}} = \mu_{\text{MIN}} - \hbar$

(impossible because μ_{MAX} cannot be smaller than μ_{MIN})

Thus for each set of $|\lambda\mu\rangle$, μ goes from μ_{MAX} to μ_{MIN} in steps of \hbar

$$\mu_{\text{MAX}} = \mu_{\text{MIN}} + n\hbar$$

$$\mu_{\text{MAX}} = \frac{n}{2}\hbar$$

Thus μ is either integer or half integer or both!

Thus there will *at worst* be only two non-communicating sets of $|\lambda\mu\rangle$ because if μ were both integer and 1/2-integer, each set would form a set of μ -values, within which the members would be separated in steps of \hbar .

Now, to specify the allowed values of λ :

$$\lambda = \mu_{\text{MAX}}^2 + \hbar \mu_{\text{MAX}} = \left(\frac{n}{2}\hbar\right)^2 + \hbar\left(\frac{n}{2}\hbar\right) = \hbar^2 \frac{n}{2} \left(\frac{n}{2} + 1\right)$$

$$\text{let } \frac{n}{2} \equiv j$$

$$\mu_{\text{MAX}} = \hbar j$$

$$\mu_{\text{MIN}} = -\hbar j$$

$$\lambda = \hbar^2 j(j+1)$$

!

j either integer or half integer or both

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Rename our basis states

$$\mathbf{J}^2 |jm\rangle = \hbar^2 j(j+1) |jm\rangle$$

$$\mathbf{J}_z |jm\rangle = \hbar m |jm\rangle$$

valid for all angular momentum operators that are certified as an angular momentum by

satisfying the defining commutation rule $[A_i, A_j] = i\hbar \sum_k \epsilon_{ijk} A_k$. We can define an $|am_a\rangle$

basis set for any angular momentum operator defined as above. We never need to look at the functional form of the $\{\psi_{am_a}\}$ wavefunctions!

6. $\mathbf{J}_x, \mathbf{J}_y, \mathbf{J}_\pm$ matrix elements

recall page 23-3, but in new notation

$$|jm \pm 1\rangle = N_\pm \mathbf{J}_\pm |jm\rangle \quad (\mathbf{J}_\pm \text{ raises / lowers } m \text{ by } 1)$$

└ normalization factor (to be determined below)

$$1 = \langle jm \pm 1 | jm \pm 1 \rangle = (N_\pm \mathbf{J}_\pm |jm\rangle)^\dagger (N_\pm \mathbf{J}_\pm |jm\rangle) = N_\pm^* \langle jm | \mathbf{J}_\mp N_\pm \mathbf{J}_\pm |jm\rangle$$

$$N_\pm^\dagger = N_\pm^*$$

$$\mathbf{J}_\pm^\dagger = \mathbf{J}_\mp \quad !$$

$$\mathbb{1} = |N_\pm|^2 \langle jm | \mathbf{J}_\mp \mathbf{J}_\pm |jm\rangle$$

$$\begin{aligned} \mathbf{J}_\mp \mathbf{J}_\pm &= (\mathbf{J}_x \mp i\mathbf{J}_y)(\mathbf{J}_x \pm i\mathbf{J}_y) = \mathbf{J}_x^2 + \mathbf{J}_y^2 \pm i[\mathbf{J}_x, \mathbf{J}_y] \\ &= \mathbf{J}^2 - \mathbf{J}_z^2 \pm i(i\hbar \mathbf{J}_z) = \mathbf{J}^2 - \mathbf{J}_z^2 \mp \hbar \mathbf{J}_z \\ &= \mathbf{J}^2 - \mathbf{J}_z(\mathbf{J}_z \pm \hbar) \end{aligned}$$

use this to evaluate matrix elements of $\mathbf{J}_\mp \mathbf{J}_\pm$

$$\mathbb{1} = |N_\pm|^2 [\hbar^2 j(j+1) - \hbar^2 (m(m \pm 1))]$$

$$|N_\pm| = \frac{1}{\hbar} [j(j+1) - m(m \pm 1)]^{-1/2} e^{-i\delta_\pm}$$

arbitrary phase factor that results from taking square root

$$\mathbf{J}_\pm |jm\rangle = \hbar [j(j+1) - m(m \pm 1)]^{1/2} |jm \pm 1\rangle e^{-i\delta_\pm}$$

Usual phase choice is $\delta_\pm = 0$ for all j, m :

known as the ‘‘Condon and Shortley’’ phase choice

(sometimes an alternative phase choice is used, $\delta_\pm = \pm \pi/2$, so be careful)

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standard phase choice: $\delta_{\pm} = 0$

$$\langle j'm' | \mathbf{J}_{\pm} | jm \rangle = \hbar \delta_{j'j} \delta_{m'm \pm 1} [j(j+1) - m(m \pm 1)]^{1/2}$$

$$\left(\text{or } \hbar \delta_{j'j} \delta_{m'm \pm 1} [j(j+1) - \underline{\underline{m(m')}}]^{1/2} \right)$$

remember matrix elements of \mathbf{x} and \mathbf{p} in harmonic oscillator basis set?

Now, since $\mathbf{J}_x = \frac{1}{2}(\mathbf{J}_+ + \mathbf{J}_-)$

$$\langle j'm' | \mathbf{J}_x | jm \rangle = \frac{\hbar}{2} \delta_{j'j} \left\{ \delta_{m'm+1} [j(j+1) - m(m+1)]^{1/2} + \delta_{m'm-1} [j(j+1) - m(m-1)]^{1/2} \right\}$$

$$\mathbf{J}_y = \frac{i}{2}(\mathbf{J}_+ - \mathbf{J}_-)$$

$$\langle j'm' | \mathbf{J}_y | jm \rangle = -i \frac{\hbar}{2} \delta_{j'j} \left\{ \delta_{m'm+1} [j(j+1) - m(m+1)]^{1/2} - \delta_{m'm-1} [j(j+1) - m(m-1)]^{1/2} \right\}$$

two sign surprises

This phase choice leaves all matrix elements of \mathbf{J}^2 , \mathbf{J}_x and \mathbf{J}_{\pm} real and positive.

[If, instead, you use $\delta_{\pm} = +\pi/2$, this gives \mathbf{J}_y real and $\mathbf{J}_x, \mathbf{J}_{\pm}$ imaginary.]

Summary

$$\langle j'm' | \mathbf{J}^2 | jm \rangle = \delta_{j'j} \delta_{m'm} \hbar^2 j(j+1)$$

$$\langle jm | \vec{\mathbf{J}} | jm \rangle = \hat{k} \hbar m \quad (\Delta m = 0 \text{ selects } \hat{k} \mathbf{J}_z)$$

$$\langle jm \pm 1 | \vec{\mathbf{J}} | jm \rangle = (\hat{i} \mp \hat{j}) \frac{\hbar}{2} [j(j+1) - m(m \pm 1)]^{1/2}$$

$$\hat{i} \mathbf{J}_x + \hat{j} \mathbf{J}_y = \frac{1}{2} \hat{i} (\mathbf{J}_+ + \mathbf{J}_-) + \hat{j} \frac{1}{2i} (\mathbf{J}_+ - \mathbf{J}_-)$$

$$= \frac{1}{2} \mathbf{J}_+ (\hat{i} - \hat{j}) + \frac{1}{2} \mathbf{J}_- (\hat{i} + \hat{j})$$

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